



	Sun 12-04-2022	Mon 12-05-2022	Tue 12-06-2022	Wed 12-07-2022	Thu 12-08-2022	Fri 12-09-2022	Sat 12-10-2022
B R E A K F A S T		Hot or Cold Cereal Sausage Link Fresh Fruit Whole Grain Toast Milk, 2%	Hot or Cold Cereal Sausage Link Fresh Fruit Whole Grain Toast Milk, 2%	Hot or Cold Cereal Waffles Sausage Link Fresh Fruit Whole Grain Toast Milk, 2%	Hot or Cold Cereal Sausage Link Fresh Fruit Whole Grain Toast Milk, 2%	Hot or Cold Cereal Sausage Link 100% Juice Whole Grain Toast Milk, 2%	
L U N C H		Baked Chicken Tenders and Fries Honeydew California Blend Milk, 2%	Beef Pot Roast Fresh Mashed Potatoes and Gravy Applesauce Corn Milk, 2%	Grilled Chicken Breast White and Wild Rice Pilaf Mandarin Oranges Peas and Carrots Milk, 2%	Grilled Ham and Swiss Sandwich Fresh Fruit Salad Baby Carrots Milk, 2%	Breaded Fish Nuggets Waffle Fries Fresh Fruit Cup Creamy Coleslaw Milk, 2%	
S N A C K		Graham Cracker and Milk Raspberries	Vanilla Wafers Apple Slices	Fresh Blueberries Pretzels	Crackers and Hummus Carrot Sticks	Animal Crackers and Milk String Cheese	
	Milk offered at every meal						Week 5